

Couple Interactions Chart

Interactions in an Ideal Relationship	Interactions in a Relationship Characterized by a Fantasy Bond
Nondefensiveness and openness.	Angry reactions to feedback. Closed to new experiences.
Honesty and integrity	Deception and duplicity
Respect for the other's boundaries, priorities and goals, separate from self.	Overstepping boundaries. Other seen only in relation to self.
Physical affection and personal sexuality.	Lack of affection; inadequate or impersonal, routine sexuality.
Understanding--lack of distortion of the other.	Misunderstanding--distortion of the other.
Noncontrolling, nonmanipulative, and nonthreatening.	Manipulations of dominance and submission.