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### BOOK 10, 2006: SEX AND LOVE IN INTIMATE RELATIONSHIPS

-- Robert W. Firestone, Lisa A. Firestone, Joyce Catlett. 2006. American Psychological Association, Washington, D.C. I. EXPLORING SEXUALITY AND LOVE **CHAPTER 1 - WHAT IS HEALTHY** SEXUALITY? -- DEFINING "NORMAL" SEXUALITY OUR PERSPECTIVE ON HEALTHY SEXUALITY -- OTHER DESCRIPTIONS OF THE SEXUALLY HEALTHY INDIVIDUAL - CRITERIA COMMONLY USED TO **EVALUATE SEXUALITY** -- DIMENSIONS OF AN IDEAL SEXUAL EXPERIENCE -- ESSENTIAL PERSONAL QUALITIES FOR HEALTHY SEXUAL RELATING o Nondefensiveness and Openness o Honesty and Integrity o Respect for One's Partner as a Separate Individual o Empathy, Compassion and Understanding o The Capacity to Give and Receive Love, Affection, and Sex o The Capacity for Being Vulnerable -- CONCLUSION - NOTES CHAPTER 2 - WHAT IS LOVE? -- PHENOMENOLOGICAL DESCRIPTIONS OF LOVE -- OUR VIEW OF LOVE -- WHAT GENUINE LOVE IS NOT -- OTHER CONTEMPORARY VIEWS ON PSYCHOLOGICAL AND BIOLOGICAL COMPONENTS OF LOVE **CONCLUSION -- NOTES** 

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A LIFE OF MEANING AND COMPASSION: THE WISDOM OF PSYCHOTHERAPY

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-- By Robert W. Firestone, Ph.D., Lisa

2003, American Psychological Assn.,

Washington, D.C.

For Louis

Firestone, Ph.D., and Joyce Catlett, M.A.,

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# BOOK 8, 2002 - CONQUER YOUR CRITICAL INNER VOICE

A Revolutionary Program to Counter Negative Thoughts and Free Yourself from Imagined Limitations -- By Robert W. Firestone, Ph.D.; Lisa Firestone, Ph.D.; and Joyce Catlett, M.A., 2002, New Harbinger Publications, Inc. Acknowledgments

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o Becoming Aware of Existential Realities Bibliography Glendon Association Video Productions

Suggested Reading References

# BOOK 7, 1999 - FEAR OF INTIMACY

-- by Robert W. Firestone and Joyce Catlett, 1999, American Psychological Assn., Washington, D.C. Acknowledgements

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-- by Robert W. Firestone, 1997, Sage Publications FOREWORD, by Pamela Cantor Acknowledgments 1. INTRODUCTION

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-- by Robert W. Firestone, Ph.D., 1990, Insight Books, Plenum Press, New York and London,

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